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treating alcohol misuse . the treatment options for alcohol misuse depend on the extent of your drinking and whether you're trying to drink less (moderation) or give ...

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treatment for alcohol ... cut down or stop drinking, ... to build and strengthen motivation to change drinking behavior. the therapy focuses on identifying ...

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regardless of how someone is diagnosed as alcohol dependent or how they ... and therapy. the goal of these ... have helped many with a desire to quit drinking ...

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how to stop drinking alcohol. ... others don't need group therapy or ... while you can certainly stop drinking alcohol on your own without relying on a 12 ...

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... and getting help to stop drinking. ... alcohol use in older people; ... family, or group therapy that works best for you.

UNDERSTANDING ALCOHOL USE DISORDERS AND THEIR TREATMENT

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understanding alcohol use disorders ... often unable to stop drinking once they start. alcohol dependence is ... and motivational enhancement therapy, ...

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hypnosis for alcoholism does it work ... craig beck has helped thousands of people to stop drinking alcohol on their own and without any embarrassing group therapy or ...

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five 12-step group alternatives. ... other without professional therapy or ... to alcohol and want to reduce or stop their drinking and make other ...

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alcohol withdrawal. during the first several days after you quit drinking, you may experience withdrawal symptoms. over time, your body becomes dependent on your ...

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how to stop smoking and drinking. ... and quitting alcohol and tobacco ... treatment often includes intense individual and group therapy that targets mental ...

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online alcohol treatment and therapy services cut down or stop drinking ... we are an online alcohol therapy ... i realise i can live my life without alcohol ...

THERAPY FOR DRUG ABUSE, SUBSTANCE ABUSE, AND ALCOHOL ADDICTION

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... suddenly stop drinking. ... not to stop abruptly without medical assistance. quitting use of a ... alcohol addiction articles. women and alcohol: ...